

Troop 175 - Holden
Boy Scouts of America
Sponsored by Immanuel Lutheran Church, Holden, MA
www.holden175.com
Climbing/Caving



When: Depart from Holden: March 27 2008 Time: 500 pm
 Return to Holden: March 29, 2008 Time: 200-300 pm

Itinerary: Meet at Immanuel Lutheran Church on Friday, March 27 at 430pm. We will be going to the Albany Indoor Rock Gym in Albany NY for indoor climbing and indoor caving (so wear roomy/comfortable clothes). We'll be 'camping' at the Rotary Scout Reservation in Averill Park NY (just outside of Albany) and will be staying in a cabin with a wood stove with no electricity. Additionally, there will be a ¾ mile walk to the cabin so bring backpacks (if you have them) and/or plastic sleds (to pull equipment on). We will be returning to Immanuel Lutheran Church between 2-3pm on Sunday, March 29.

Equipment: Standard equipment needed for the camp out (equipment list attached). Scouts should bring a 'trail' supper for Friday night. Scouts will be doing patrol-style cooking for breakfast, lunch and supper (Saturday) and breakfast (Sunday). Patrols need to make sure each scout knows what part(s) of the meal(s) they are responsible for. Additionally, scouts should pack winter clothes for outdoor activities at the campsite (including warm boots/extra socks). Scouts should also bring compasses and GPS if you have them for an orienteering activity.

Cost: 30.00 per scout (includes 6.50 fee for camping, 18.50 for the rock gym fee, and 5.00 for pizza for Sunday lunch [parents do not need to pay camping fee]). Fee, signed release and Class 3 BSA Medical Form are needed no later than March 17th. For new scouts these are the same forms as you used for summer camp.

Information

I will be attending this Troop activity: Parent Scout
 ___ Yes ___ No ___ Yes ___ No

I, the undersigned parent/guardian grant permission for: _____
 to attend the Troop 175 activity on _____. (Scout's name)
 and to receive any emergency medical treatment that may be required. He requires the following medication:
 _____ to be administered _____.

All medication will be carried by the unit leader. He is allergic to the following: _____.
 A current Class III Medical Form must be on file with the Troop. I have read this form and the attached checklist and understand what I and my scout are responsible for in order to make this activity a successful experience.

Parent/Guardian: _____ Date: _____

Reminder a parent or guardian must be available to pick up their scout at Immanuel Lutheran Church. BSA policy prohibits a scout from being dropped off at their home unless a responsible adult is there.
 Phone number where you can be reached during this activity _____. Emergency contact name and telephone number in the event you can not be reached: _____.

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Uniform: Class B (activity uniform): Troop t-shirt (if you have one) and scout pants or shorts optional.

If you have any questions please contact Matt McLaughlin, SM @ (508) 595-7201 or email – mfmclaughlin1@charter.net

Please keep this sheet for future reference!

TROOP 175 EQUIPMENT LIST

CLOTHING

- ___ *Ponchos or Rain Jacket*
- ___ *Longjohns*
- ___ *Pants*
- ___ *T-shirts*
- ___ *Wool Shirt/Sweater*
- ___ *60/40 Jacket/Windbreaker*
- ___ *Underwear*
- ___ *Socks*
- ___ *Gloves*
- ___ *Handkerchiefs*
- ___ *Hat*
- ___ *Shorts*
- ___ *Down Vest/Parka*
- ___ *Bathing Suit*
- ___ *Rain Pants (optional)*
- ___ *Gaiters (optional)*

BACKPACKING EQUIPMENT

- ___ *Pack & frame*
- ___ *Sleeping bags*
- ___ *Sleeping Pad*
- ___ *Tent*
- ___ *Personal First Aid kit*
- ___ *Pocket Knife w/ can opener*
- ___ *Compass*
- ___ *Map & guide*
- ___ *Ax/saw*
- ___ *Walking stick*
- ___ *Matches/cigarette lighter*
- ___ *Toilet paper/shovel*
- ___ *Mess kit*
- ___ *Knife, Fork & Spoon*
- ___ *Back Packing Stove*
(only one per patrol)

- ___ *Extra Fuel*
- ___ *Food (patrol style)*
- ___ *Personal hygiene items*
- ___ *Water bottle*
- ___ *Dish soap/biodegradable*
- ___ *Whistle*
- ___ *Cup*
- ___ *Flashlight*
- ___ *Emergency Blanket (optional)*
- ___ *Water Filter (or water purification tablets)*
(optional)

BACKPACKING EQUIPMENT(CONTINUED)

- ___ *Backpack covers*
- ___ *Rope*

EXTRAS

- ___ *Sunglasses*
- ___ *Flip-flops*
- ___ *Paper towel/handi-wipes*
- ___ *Garbage bags*
- ___ *Camera*
- ___ *Vitamins*
- ___ *Towel*
- ___ *Face Cloth*
- ___ *Film*
- ___ *Spatula*

TROOP EQUIPMENT

- ___ *Propane tank*
- ___ *Griddle*
- ___ *Unit Tents*
- ___ *Dutch Oven*

If it is not on this list you should not bring it with out Scout master permission.