

Troop 175 - Holden
Boy Scouts of America
Sponsored by Immanuel Lutheran Church, Holden, MA
www.holden175.com

Freedom Trail - Boston



When: Depart Holden: Friday, March 12, 2010 Time: 5:00 PM
Return Holden: Sunday, March 14, 2010 Time: 12:30 PM

Itinerary: Friday, March 12: Meet at Immanuel Lutheran Church at 4:30 PM. We will leave at 5:00 PM for Camp Sayre SR, 411 Unquity Rd. Milton, MA (<http://sne.tripod.com/bmc.htm#bscamp>). We will have a short backpack to the cabin. Evening activities will include reviewing scouting requirements, talking about the Freedom Trail, and exploring Camp Sayre.

Saturday, March 13: Reveille will be at 7:00 AM. We'll leave for the Quincy Adams MBTA Subway Station about 9AM, catch the "T" into Boston, and disembark at the Park Street Station (Boston Common). The 2.5 mile trail starts at the Boston Common and ends at the Bunker Hill Monument in Charlestown. Lunch will be along the trail. From Charlestown, we will grab the "T" at Community College Station in Charlestown and head back to Quincy. Dinner will be patrol style at the camp.

Sunday, March 14: Reveille will be at 8:00 AM. After breakfast and packing, we could work on scout activities as needed until ready to leave for home about 11 AM. Scouts...be prepared!

Meals: Prior to leaving on the trip Friday evening, everyone should have had their dinner! Scouts and scouters will prepare all meals (breakfast, lunch, and dinner) using the patrol method (patrols for the trip will be formed at the troop meeting prior to the weekend campout; these temporary patrols will decide the food they will need and cook). Patrols need to make sure each scout knows for what part(s) of the meal(s) they are responsible. Enough food and drinks should be brought to cover two (2) breakfasts, one (1) trail lunch, and one (1) dinner. You can also bring snacks (granola bars, fruit, nuts, trail mix) and drinks in a day pack for the walking along the Freedom Trail.

Equipment: Standard equipment needed for the **cabin camping** (equipment list attached). Bring a day pack in order to carry your lunch on the hike. We will be staying in cabins but if you feel adventurous, you have the option of tenting. Be sure to bring your bathing suit! The camp has an indoor pool!

We need adult support on this trip. It will be fun for you and your son!

Cost: \$25.00 per scout. Fee and signed release a Class 3 BSA Medical Form are needed by March 5th. (no exceptions).

If you have any questions please contact Matt McLaughlin, SM @ (508) 595-0340 or email – mfmclaughlin1@charter.net or John Staruk, ASM @ 508-829-9200 or email – jjstaruk@verizon.net.

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Uniform: *Class B (activity uniform): Troop t-shirt mandatory (scout pants or shorts optional).*

If you have any questions please contact Matt McLaughlin, SM @ (508) 595-0340 or email – mfmclaughlin1@charter.net or John Staruk, ASM @ 508-829-9200 or email – jjstaruk@verizon.net.

Please keep this sheet for future reference!

TROOP 175 EQUIPMENT LIST
(**BOLDED ITEMS ARE HIGHLY RECOMMENDED**)

CLOTHING

- ___ Ponchos or Rain Jacket
- ___ **Long johns**
- ___ **Pants**
- ___ **T-shirts**
- ___ **Wool Shirt/Sweater**
- ___ 60/40 Jacket/Windbreaker
- ___ **Underwear**
- ___ **Socks**
- ___ **Gloves**
- ___ **Hiking shoes**

- ___ Handkerchiefs
- ___ **Hats**
- ___ Shorts
- ___ **Down Vest/Parka**
- ___ **Bathing Suit**
- ___ Rain Pants (optional)
- ___ Gaiters (optional)
- ___ **Winter Coat**
- ___ **Boots**
- ___

BACKPACKING EQUIPMENT

- ___ **Pack & frame**
- ___ **Sleeping bag**
- ___ Sleeping Pad
- ___ Tent
- ___ **Personal First Aid kit**
- ___ **Pocket Knife w/ can opener**
- ___ **Mess kit**
- ___ **Food (patrol style)**
- ___ **Personal hygiene items**
- ___ **Water bottle**
- ___ **Whistle**
- ___ **Flashlight and or headlamp**
- ___ Water Filter
- ___ or water purification tablets
- ___ Garbage bags
- ___ Vitamins
- ___ **Towel and face cloth**
- ___ Backpack covers

- ___ **Compass**
- ___ Map & guide
- ___ Ax/saw
- ___ Walking stick
- ___ **Matches / lighter**
- ___ Toilet paper/shovel
- ___ **Knife, Fork & Spoon and spatula**
- ___ **Back Packing Stove (one per patrol)**
- ___ **Extra Fuel**
- ___ Dish soap (biodegradable)
- ___ **Cup**
- ___ Emergency Blanket (optional)
- ___ Paper towel/handi-wipes
- ___ Flip-flops
- ___ **Camera and extra film**
- ___ Sunglasses
- ___ Rope
- ___ Sunscreen

TROOP EQUIPMENT

- ___ Propane tank
- ___ Unit Tents
- ___ Griddle
- ___ Dutch Oven

EXTRAS

- ___ **Outdoor weather gear**
- ___
- ___
- ___
- ___
- ___

If it is not on this list you should not bring it without Scout master permission.